

Every Body Matters



Part 1 of 2



- Head, shoulders, hands and feet...¹

Our bodies are a gift

- God gave us bodies ²

- God gave us amazing bodies



- God gave you your body

Our bodies are a pain

- Body decay ⁴



- Body shame ⁵

- Body sin ⁶

Our bodies belong to God

- the body of Christ given for us ⁷

- Our bodies presented to God ⁸

Our bodies have a future

- physically raised ⁹

- gloriously transformed ¹⁰



¹ The two books most helpful for this message were *Love Thy Body* by Nancy Pearcey, and *What God has to say about Our Bodies* by Sam Allberry

² **Genesis 2:7; 3:1; 1 Thessalonians 5:23; 1 Samuel 16:7**

³ **Psalm 139:13-14; Ephesians 5:29; 1 Timothy 4:8**

⁴ **Romans 5:12; 8:20-21; 2 Corinthians 4:7; 5:1; Matthew 4:24; Ecclesiastes 12:1; 2 Corinthians 4:16; Ecclesiastes 12:7; Psalm 90:12**

⁵ **Isaiah 53:2; Proverbs 31:30; 1 Peter 3:4**

⁶ **Romans 3:10-18**

⁷ **Hebrews 10:5; Luke 22:19; 1 Peter 2:24; Hebrews 10:10; Colossians 1:22**

⁸ **1 Corinthians 6:13-20; 9:25-27; Romans 12:1; 6:13**

⁹ **1 Corinthians 15:20; resurgam** – "I shall rise again."

¹⁰ **Philippians 3:20-21; 2 Corinthians 5:1; 1 Corinthians 15:35-44; John 5:28-29**